

# Blood Drive

**Charlestown Ambulance  
& Rescue**

**Friday, March 28  
3:30pm-7:30pm**

Bloodmobile  
4891 Old Post Road, Charlestown



**Sign up** at [ribc.org/drives](https://ribc.org/drives)  
and use sponsor code 3654

## Prepare to donate



Eat well  
and hydrate



Bring a  
photo ID



Feel good and  
symptom free



Must be 17+ or  
16 with parental  
consent form



Meet minimum  
weight requirements

For full eligibility requirements  
and COVID-19 information, visit  
[ribc.org/eligibility](https://ribc.org/eligibility).